



# SOUTHEAST ALASKA AHEC

PARTNERSHIPS AND PROGRAMS TO CREATE AND SUPPORT HEALTH CARE WORKERS  
A PROGRAM OF SERRC - ALASKA'S EDUCATIONAL RESOURCE CENTER

## BEHAVIORAL HEALTH CAREER CONNECTIONS

### **Mental Health First Aid Participation Permission Slip**

Behavioral Health Career Connections  
January 28, 2019 through February 1, 2019  
Juneau, Alaska

The National Council for Behavioral Health prohibits Mental Health First Aid from being taught to youth under the age of 18. Evidence shows that young adults under the age of 18 process information differently, are triggered more easily and demonstrate a lack of capacity to refer other youth to appropriate professional help and support.

**However, the Alaska AHEC strongly believes in the mission and content of this course, the maturity and unique experiences of Alaskan youth, and the value this training brings to Alaskan communities.**

I grant my child permission to take part in Mental Health First Aid training.

\_\_\_\_\_  
Name of Student

\_\_\_\_\_  
Name of Parent/Legal Guardian

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Parent/Legal Guardian

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